

## Imaging Prep

### X-ray / DEXA Scan

- No prep required
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### CAT SCAN (CT)

- Fast for 2 hours prior to appointment (water is allowed).
  - If you received 2 bottles of contrast:
    - Drink 1 bottle 1 hour before bedtime the night before.
    - Drink the second bottle 1 hour prior to appointment time.
  - If you received 1 bottle of contrast:
    - Drink 1 hour before appointment.
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### PET Scan – only performed at 4724 N Davis Hwy. Pensacola, FL 32503

- All medications are okay EXCEPT insulin on the day of the scan.

#### Skull Base to Mid-Thigh or Whole-Body PET:

- Nothing to eat or drink 6 hours prior (plenty of plain water is allowed).
- No caffeine, nicotine, or sweets 24 hours prior.
- Wear comfortable clothing without metal.

#### Axumin PET Scan:

- Nothing to eat or drink 4 hours prior.
- Small sip of water is allowed for medication.
- No heavy exercise 24 hours prior.

#### PSMA/Dotatate Specialty PET Scans:

- No prep required.
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### Nuclear Medicine Scans – only performed at 4724 N Davis Hwy. Pensacola, FL 32503

#### Bone Scan:

- Wear comfortable clothing without metal.
- Two-part test:
  1. First: 15-minute injection.
  2. Second: 45-minute imaging session.

#### Parathyroid Scan:

- No prep required.

#### Gastric Emptying Scan:

- Nothing to eat or drink after midnight.

#### HIDA Scan:

- Nothing to eat or drink for 6 hours prior.
- No narcotic pain medication 24 hours before scan.

#### MUGA Scan:

- No prep required - Please inform staff if you have a Mediport/PICC.

**Renal Scan:**

- Hydrate well 24 hours prior.
- No Lasix on the day of the exam.

**Nuclear Stress Test - (Myocardial Perfusion Scan, Lexiscan, Chemical Stress Test, Non-Nuclear Treadmill Stress Test):**

- Nothing to eat or drink after midnight (except plain water).
- No caffeine or nicotine for 24 hours prior.
- No Beta Blockers or Calcium Channel Blockers (heart or blood pressure meds) for 24 hours prior. Bring Nitroglycerin, asthma, or diabetic supplies to the appointment.
- Wear comfortable clothes and running shoes.

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**Ultrasound**

**Abdominal Vascular Studies** (Renal Artery Duplex, Liver Duplex, Spleen Duplex, Aorta Duplex)

- Nothing to eat or drink (including water) for 12 hours prior.

**Abdomen, Abdomen Limited, Aorta (AAA Screening and Non-Screening)**

- Nothing to eat or drink (including water) for 8 hours prior.

**Pelvis / Transvaginal Ultrasound**

- Full bladder required. Drink 32-40 ounces of water 1 hour prior to appointment.
- Do not empty bladder for 2 hours prior.

**Renal (Kidneys) Ultrasound**

- Drink 16-24 ounces of water 2 hours prior. Do not empty bladder.

**Carotid, Venous, Arterial, Thyroid, Echo, Scrotal, and Breast Ultrasound**

- No prep required.

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**Mammograms**

- Do not use powder or deodorant.
- Wear a two-piece outfit.

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**MRIs – only performed at 4724 N Davis Hwy. Pensacola, FL 32503**

- Contact us at (850) 696-4000 if you have metallic implants, are claustrophobic, or have had surgery in the last 6 weeks.
- We cannot scan patients with Pacemakers/Defibrillators.
- Continuous Glucose Monitors and Heart Monitors must be removed prior to MRI.

**MRCP Protocol for MRI Abdomen**

- Fast for 6 hours prior.

**Multiparametric Prostate MRI**

- Eat non-gassy foods 24 hours prior.
- Have a bowel movement and empty your bladder before the exam.