



Imaging Prep

X-ray / DEXA Scan (Body Composition and Bone Density)

- No prep required
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CAT SCAN (CT)

- Fast for 2 hours prior to appointment (water is allowed).
 - If you received 2 bottles of contrast:
 - Drink 1 bottle 1 hour before bedtime the night before.
 - Drink the second bottle 1 hour prior to appointment time.
 - If you received 1 bottle of contrast:
 - Drink 1 hour before appointment.
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PET Scan – only performed at 4724 N Davis Hwy. Pensacola, FL 32503

- All medications are okay EXCEPT insulin on the day of the scan.

Skull Base to Mid-Thigh or Whole-Body PET:

- Nothing to eat or drink 6 hours prior (plenty of plain water is allowed).
- No caffeine, nicotine, or sweets 24 hours prior.
- Wear comfortable clothing without metal.

Axumin PET Scan:

- Nothing to eat or drink 4 hours prior.
- Small sip of water is allowed for medication.
- No heavy exercise 24 hours prior.

PSMA/Dotatate Specialty PET Scans:

- No prep required.
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Nuclear Medicine Scans – only performed at 4724 N Davis Hwy. Pensacola, FL 32503

Bone Scan:

- Wear comfortable clothing without metal.
- Two-part test:
 1. First: 15-minute injection.
 2. Second: 45-minute imaging session.

Parathyroid Scan:

- No prep required.

Gastric Emptying Scan:

- Nothing to eat or drink after midnight.

HIDA Scan:

- Nothing to eat or drink for 6 hours prior.
- No narcotic pain medication 24 hours before scan.

MUGA Scan:

- No prep required - Please inform staff if you have a Mediport/PICC.

Renal Scan:

- Hydrate well 24 hours prior.
- No Lasix on the day of the exam.

Ultrasound

Abdominal Vascular Studies (Renal Artery Duplex, Liver Duplex, Spleen Duplex, Aorta Duplex)

- Nothing to eat or drink (including water) for 12 hours prior.

Abdomen, Abdomen Limited, Aorta (AAA Screening and Non-Screening)

- Nothing to eat or drink (including water) for 8 hours prior.

Pelvis / Transvaginal Ultrasound

- Full bladder required. Drink 32-40 ounces of water 1 hour prior to appointment.
- Do not empty bladder for 2 hours prior.

Renal (Kidneys) Ultrasound

- Drink 16-24 ounces of water 2 hours prior. Do not empty bladder.

Carotid, Venous, Arterial, Thyroid, Echo, Scrotal, and Breast Ultrasound

- No prep required.

Mammograms

- Do not use powder or deodorant.
- Wear a two-piece outfit.

MRIs – only performed at 4724 N Davis Hwy. Pensacola, FL 32503

- Contact us at (850) 696-4000 if you have metallic implants, are claustrophobic, or have had surgery in the last 6 weeks.
- We cannot scan patients with Pacemakers/Defibrillators.
- Continuous Glucose Monitors and Heart Monitors must be removed prior to MRI.

MRCP Protocol for MRI Abdomen

- Fast for 6 hours prior.

Multiparametric Prostate MRI

- Eat non-gassy foods 24 hours prior.
- Have a bowel movement and empty your bladder before the exam.